

Below are some reminders from Hershey Sports Medicine to assist you with injury guidance and requirements during the season:



- All athletes must complete all requirements before participating in any in-season activities; paperwork and ImPACT
- DTSD forms must be used, substitutions not accepted
- Athletes are to report injuries to their coach and the Licensed Athletic Trainer
- HMC team Physician is available for onsite complimentary injury evaluations, weekly
- If the athlete seeks medical attention outside of the Licensed Athletic Trainer, they are required to have written clearance from that physician. MD and DO ONLY
- Concussions return to play is provided by the DTSD Sports Medicine Team
- Final return to play decisions will be made by the Licensed Athletic Trainer on staff for all injuries
- License Athletic Trainers can assist with the appropriate medical referral for injuries and illnesses
- Email and phone communication will be returned as soon as possible during normal operating hours
- Updates and information will be shared on the DTSD Sports medicine page and via twitter **@DTSD_Sportsmed**

For expedited Physical Therapy, Direct Access care can be utilized with no script needed.

Please talk to your Athletic Trainer for more information.

Select Physical Therapy

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