Order of Events in a High School Track Meet

Track Events
3200M relay
100M hurdles
110M hurdles
100M dash
1600M run
400M dash
400M relay
300M hurdles
800M run
200M dash
3200M run
1600M relay

*All track events are girls followed by boys

Field Events
Boys: Shot Discus Javelin
Girls: Javelin Shot Discus

Pole Vault Long Jump
Triple Jump High Jump
Long Jump Triple Jump
High Jump Pole Vault