

# **MID PENN** *TRACK & FIELD CHAMPIONSHIPS* MAY 11, 2019

**EVENTS MAY RUN UP TO, BUT NO MORE THAN, 15 MINUTES  
AHEAD**

## **Running Events**

9:00 Girls' 4 x 800m Final  
9:30 Boys' 4 x 800m Final  
10:00 Girls' 100m Hurdle Trials  
10:15 Boys' 110m Hurdle Trials  
10:30 Girls' 100m Trials  
10:45 Boys' 100m Trials  
11:00 Girls' 1600m Final  
11:15 Boys' 1600m Final  
11:30 Boys' 110m Hurdle Final  
11:35 Girls' 100m Hurdle Final  
11:40 Girls' 100m Final:  
11:45 Boys' 100m Final

## **Field Events**

7:30 Implement inspection for  
9:00 throwing events  
9:00 Implement inspection for  
11:00 javelin competition  
11:00 Implement Inspection for  
PM Field Events  
  
9:00 Girls' Discus  
9:00 Girls' Pole Vault  
9:00 Girls' High Jump  
9:00 Girls' Long Jump  
9:00 Boys' Triple Jump  
9:00 Boys' Shot Put  
  
11:00 Boys' Javelin

## **LUNCH BREAK**

12:15 Girls' 4 x 100m Final  
12:30 Boys' 4 x 100m Final  
12:45 Girls' 400m Final  
1:05 Boys' 400m Final  
1:25 Girls' 300m Hurdle Final  
1:40 Boys' 300m Hurdle Final  
1:55 Girls' 800m Final  
2:10 Boys' 800m Final  
2:30 Girls' 200m Final  
2:45 Boys' 200m Final  
3:00 Girls' 3200m Final  
3:30 Boys' 3200m Final  
4:00 Girls' 4 x 400m Final  
4:15 Boys' 4 x 400m Final

12:30 Girls' Shot Put  
12:45 Girls' Triple Jump  
12:45 Boys' Long Jump  
12:45 Boys' Pole Vault  
12:45 Boys' High Jump  
1:30 Girls' Javelin  
1:30 Boys' Discus