

Bruce Dallas Track and Field Invitational

Saturday, April 7, 2018 Cumberland Valley High School

Field:	8:30am	Coaches Meeting
	9:30am	Girls Pole Vault followed by Boys Pole Vault Girls Long Jump followed by Girls Triple Jump Girls Discus followed by Boys Discus Boys High Jump followed by Girls High Jump Boys Long Jump followed by Boys Triple Jump Boys Javelin
	11:30am	Girls Shot Put followed by Boys Shot Put
	2:00pm	Girls Javelin
Track	9:30am	Girls 3200 Meters (seed times 12:40 and slower) Boys 3200 Meters (seed times 10:45 and slower) Girls 4x800 Meter Relay Final Boys 4x800 Meter Relay Final Girls 100 Meter Hurdle Trials Boys 110 Meter Hurdle Trials Girls 100 Meter Trials Boys 100 Meter Trials Girls 1600 Meters Final Boys 1600 Meters Final Girls 100 Meter Hurdles Final Boys 110 Meter Hurdles Final Girls 100 Meters Final Boys 110 Meters Final Girls 4x100 Meters Relay Final Boys 4x100 Meters Relay Final Girls 400 Meter Final Boys 400 Meter Final Girls 300 Meter Hurdles Final Boys 300 Meter Hurdles Final Girls 800 Meter Final Boys 800 Meter Final Girls 200 Meter Final (no trials) Boys 200 Meter Final (no trials) Girls 3200 Meter Final (seed times faster than 12:40) Boys 3200 Meter Final (seed times faster than 10:45) Girls 4x400 Meter Relay Final Boys 4x400 Meter Relay Final

We will try to run ahead of schedule if possible. Please note the 200 meters is a final on time (no trials). The number of heats will be determined after the entries are received. Advancing from the trials to finals will be on time only.