

**Franklin & Marshall College
High School Indoor Track Meet
Friday, January 30, 2015**

Order of Events

3:00 pm

**Pole Vault (B-G) High Jump (B-G)
Shot Put (G-B)
Long Jump (G-B) then Triple Jump (G-B)**

3:30 pm

**3200 M Relay (B-G) (4X800)
55 M Boys Hurdles
55 M Girls Hurdles
55 M Boys Dash
55 M Girls Dash
1600 M (B-G)
800 M Relay (B-G) (4X200) no blocks
400 M (B-G) no block
800 M (B-G)
200 M (B-G) no blocks
3000 M (B-G)
1600 M Relay (B-G) (4X400) no blocks**

Directions: <http://godiplomats.com/Facilities/ASFC/index>

From Harrisburg and Central Pennsylvania

From north of Harrisburg, take Rt. 15 south to Rt. 322 east. Cross the Susquehanna River and follow to Rts. 81 north/322 east. From Rts. 81 north/322 east, take Rt. 83 south to Rt. 283 south. From Rt. 283 south, exit onto Rt. 283 east (to Lancaster). Take Rt. 283 east to Rt. 30 west towards York. Take the first exit for Harrisburg Pike (The Park City Mall will be on right). At the top of the exit ramp, turn left onto Harrisburg Pike. Proceed 1.5 miles through several traffic lights until you reach the overhead pedestrian bridge connecting College Square to the main campus of Franklin & Marshall on your right.