

Derry Township Track and Field Indoor Program

Requirements for Participation

1. All track and field candidates who wish to participate on the Hershey Indoor Track & Field Team shall sign-up prior to the first practice session, which is considered the start of the season. After the first practice session, absent exceptional circumstance approved by the coach and athletic director, no new participants will be accepted or permitted.
2. Sweatsuits (tops and bottoms) must be worn during warmups, during cold weather and at all other times deemed appropriate in the judgment of the coach. Sweatsuits must be brought to practice every day, even when you think it may be warm.
3. Without exception, all athletes must participate in each warmup prior to each practice. All athletes shall furthermore participate in the workouts designed and implemented by the coaches. During the indoor track season, teammates shall not train with other teams/organizations or at other facilities, as similarly provided by PIAA rule.
4. Proper respect and behavior is expected towards coaches, officials, team members and to all other athletes at all times. Good sportsmanship is likewise required at all times, not only during all practice sessions and meets.
5. Unexcused absences from practice or a meet are not acceptable, and are subject to the following penalties:
 - a) First unexcused absence, held out of meet;
 - b) Second unexcused absence, suspension from team for a period at the discretion of the coach;
 - c) Third unexcused absence, removal from the team.

It is noted that excused absences are limited to health or specific school-related reasons, unless otherwise approved two weeks in advance by the head coach. If practices are missed regularly for health or specific school-related reasons, athletic participation will be evaluated with a maximum of 3 excused days considered for approval.

Note: Athletes may not practice or run in meets if they were absent from school that day, unless related to school activities. Athletes may run in a meet even if they had an excused absence the day before a meet.

6. The head coach will make all final decisions regarding what meets a team member will compete in during a particular season. Athletes participate in meets designated by the indoor track schedule only. There will be no additional competitions allowed for participation without written consent from the track coach, athletic director, and high school principal. Athletes will be removed from the team for violation of this rule, which is similarly prohibited by PIAA rule.
7. Participation in pre and post competition conferences is required by all athletes for meet participation. Nonparticipation in such conferences could constitute an unexcused absence at the discretion of the head coach.
8. **All team members are required to ride on the bus to and from athletic meets.** If there exists special circumstances in which a member may be required to leave early, a special transportation form or digital communication must be completed and submitted for advance approval. In general, we come as a team and we leave as a team. 9C will be in effect.

9. Discipline, other than unexcused absence already addressed, is at the discretion of the coaches depending on the offense and the history of the athlete. The coaches may consider the following disciplinary actions:
- A. Mandatory day suspension where the athlete may not practice;
 - B. Mandatory day suspension where the athlete may not participate in a meet;
 - C. Removal from the team.
10. All rules and regulations of the Derry Township School District and PIAA rules shall be followed and applicable at all times for all participants of the Hershey Indoor Track & Field Team. Athletes must also maintain academic eligibility according to school district policies.
11. **Social Media Public Posting Contract:** As a member of the indoor track team, I, _____ understand that it is not acceptable to make public postings that reflect negatively upon my teammates, coaches, sports teams and school district. I further understand that the consequence for doing so is removal from the team. Social media public postings are defined as blogs, Facebook walls, Instagram, Snapchat, Twitter, electronic bulletin boards or any other public posting sites not mentioned.

I have read and understand the requirements for participation with the Derry Township Track and Field Indoor Program. We understand the Coach/Advisor has the authority to determine appropriate disciplinary action for infractions not outlined in this agreement. Our signatures below indicate we have fully read, understand, and agree to the conditions as set forth in this participation agreement.

Athlete's Name (Print First and Last) _____

Athlete's Signature _____ **Date** _____

Parent/Guardian Signature _____ **Date** _____

Received by: _____ **Date** _____
