

PENNSYLVANIA TRACK CLASSIC
Sponsored by PennTrackXC

Saturday, March 31, 2018 10:00 AM Plymouth-Whitemarsh HS

Location: <https://goo.gl/sQtf6h>

The following is the order of events and **tentative** time schedule. The meet will run **one event after the other**. We may run ahead of schedule so coaches and athletes must be aware of events. Athletes **must** clerk in when called or they will be scratched from the event. All running events will be female followed by male.

TIME	EVENT	HEATS
10:00	Distance Medley	1 each
10:30	100 meter dash trials	4 each
10:50	100/110 meter hurdles trials	4 each
11:15	200 meter dash trials	4 each
11:35	300 meter hurdles finals	4 each
Lunch break: If time permits		
12:30	4 x 800 Relay	2 each
1:15	100 meter dash finals	1 each
1:25	1600 meter run	2 each
1:45	4 x 100 meter relay	4 each
2:05	400 meter dash	4 each
2:35	100/110 meter hurdles finals	1 each
2:50	800 meter run	2 each
3:10	200 meter dash finals	1 each
3:20	3200 meter run	1 each
3:50	4 x 400 meter relay	4 each

FIELD EVENTS

10:00 AM

1:00 PM

Pole Vault – Girls

Pole Vault: Boys

High Jump – Girls

High Jump – Boys

Long Jump – Girls + Boys

Triple Jump – Girls + Boys

Shot Put – Girls then Boys

Discus-Boys then Girls

Javelin – Girls then Boys