

The meet follows a ROLLING schedule and may move faster than estimated

* Estimated schedule assuming a 6:30 p.m. start

** Track athletes must report to the Check-In Area 15 minutes before their event

*** Printed times are for guidance only; please pay attention to the meet's actual progress

<u>Event Number</u>	<u>Estimated Start Time</u>	<u>Event</u>	<u>Heats</u>	<u>Estimated Check-in Time</u>
1	6:30	DMR - Girls	1	6:15
2	6:46	DMR - Boys	1	6:31
3	7:07	60m Hurdles - Girls	2	6:52
4	7:13	60m Hurdles - Boys	2	6:58
5	7:19	60m Dash - Girls	6	7:04
6	7:28	60m Dash - Boys	6	7:13
7	7:44	Mile - Girls	1	7:29
8	7:52	Mile - Boys	2	7:37
9	8:05	400m - Girls	6	7:50
10	8:23	400m - Boys	7	8:08
11	8:41	800m - Girls	1	8:26
12	8:46	800m - Boys	2	8:31
13	8:54	200m - Girls	9	8:39
14	9:12	200m - Boys	11	8:57
15	9:34	3000m - Girls	1	9:19
16	9:49	3000m - Boys	1	9:34
17	10:02	4x200 - Girls	2	9:47
18	10:12	4x200 - Boys	1	9:57
19	10:17	4x400 - Girls	2	10:02
20	10:31	4x400 - Boys	2	10:16

Field events begin at 6:30 p.m., with the exception of the high jump, which begins after the 60 meter dash concludes