

13th Annual Tim Cook Track & Field Invitational

Chambersburg High School
EDWIN H. SPONSELLER TRACK & FIELD COMPLEX
511 South Sixth Street, Chambersburg, PA 17201
www.casdonline.org

9:30 coaches meeting at the center of the infield

Track Events:

10:00 100m hurdles-trials
10:15 110m hurdles-trials
10:30 4 x 800m relay-final
11:00 100m dash-trials
Lunch Break
12:00 100m hurdles-final
12:05 110m hurdles-final
12:10 100m dash-final
12:20 1600m run-final
12:50 4 x 100m relay-final
1:15 400m dash-final
1:45 300m hurdles-final
2:15 800m run-final
2:45 200m dash-final
3:00 3200m run-final
3:45 4 x 400m relay-final

Field Events:

10:00 girls' high jump (4-2)
boys' pole vault
girls' discus (boys' to follow)
girls' long jump
boys' triple jump
boys' shot put (girls' to follow)
boys' javelin (girls' to follow)
12:45 boys' long jump
12:45 girls' triple jump
12:45 boys' high jump (5-2)
1:00 girls' pole vault