

Wyomissing Area High School Team Challenge  
Friday, January 24, 2020

N.F.H.S. Sanctioned Meet (Athletes only from teams pre-approved may enter. NO "open" entries)

**Wyomissing Area Team**      **INVITED TEAMS ONLY**

**Field Events:**

- 5:00pm**      **Girls Pole Vault** 3 per school. 7-0 opening height. Boys to follow at 10-0  
**5:00pm**      **Boys Long Jump** 3 per school.  
**5:00pm**      **Girls High Jump** starting height 4-2. 3 per school  
**5:00pm**      **Boys Shot Put** 3 per school  
**7:30pm?**      **Girls Long Jump** (follows boys) 3 per school.  
**7:30pm?**      **Boys High Jump** (follows girls) 5-2 starting height. 3 per school  
**8:00pm?**      **Girls Shot Put** (follows boys) 3 per school

**Running Events:** girls followed by boys, except as noted. This is not a hard and fast schedule. It is meant to give the coaches and athletes approximate times in order to judge warm-up.

We **will** try to run ahead.

- 5:00pm**      **3000 meters** 1 per school- coaches must help count laps  
**6:00pm**      **4X800** 2 team per school  
**7:00pm**      **55 hurdles trials** top six times to final, 3 per school  
**7:30pm**      **55 dash trials** top six times to final, 3 per school.  
**8:00pm**      **1600 meters** 2 per school  
**8:30pm**      **55 hurdles finals** (boys then girls)  
**8:40pm**      **55 dash finals** (boys then girls)  
**8:50pm**      **800 meters** 3 per school  
**9:50pm**      **200 meters** 3 per school  
**10:30pm**      **4x400 relay** 2 teams per school

**Awards:** Medals to top three places

**Timing:** Fully Automatic Timing- unless noted

**Directions:** Go to athletics website: ([kubears.com](http://kubears.com)) for directions to KU and our indoor facility.